

# WHO Guide to Mental and Neurological Health in Primary Care

A guide to mental and neurological ill health in adults, adolescents and children

## Content list

Prevalence of mental disorders

Incidence and prevalence of some neurological conditions

General referral criteria for adults with mental health problems

General referral criteria for children and adolescents with mental health problems

General recommendations for prescribing in children and adolescents

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Alcohol misuse

Bereavement and loss

Bipolar disorder

Chronic fatigue syndrome (Fatigue states, including

Chronic fatigue)

Chronic mixed anxiety and depression

Chronic (persistent) psychotic disorders

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Dementia

Depression

Dissociative (conversion) disorder

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Eating disorders

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Generalized anxiety

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Obsessive-compulsive disorder

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Sexual disorders (male)

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Bullying

Child abuse and neglect

Conduct disorder

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Depressive disorder in adolescents

Eating disorders

Emotional disorders with onset specific to childhood

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Unexplained medical symptoms including chronic fatigue

## Learning disability

### A guide to Mental Health Act assessments

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Northern Ireland

Scotland

### The Children Act 1989

Template chart for local resources: statutory services

Template chart for local resources: voluntary agencies

Resource directory

Mental health in your practice: what does your practice offer?

Suggested issues for practice and PCT audit

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Complementary and alternative treatment

Training for primary care teams in mental health skills



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